



Monthly Expense BreakDown

UK

Inside London

Category	Approx. Monthly Cost	Notes & Saving Tips
Accommodation & Rent	~ £850 - £950	Sharing accommodation can reduce the costs
Groceries & Food	~ £180 - £220	Shopping at budget supermarkets (Aldi, Lidl, Asda).
Utilities & Bills	~ £50 - £70	Gas, electricity, water & WiFi.
Local Transport	~ £80 - £110	18+ Students can use Oyster photocard combined with 16–25 Railcard.
Mobile & Connectivity	~ £10 - £15	Flexible SIM-only plan with adequate data.
Books & Study Supplies	~ £15 - £25	Digital library resources, printing, and basic stationeries.
Personal Care & Social	~ £100 - £130	Gym, personal grooming, laundry, and occasional outings.
Estimated Total	~ £1,285 - £1,520	

Outside London

Category	Approx. Monthly Cost	Notes & Saving Tips
Accommodation & Rent	~ £550 - £650	Sharing accommodation can reduce the costs
Groceries & Food	~ £150 - £180	Shopping at budget supermarkets (Aldi, Lidl, Asda).
Utilities & Bills	~ £40 - £60	Gas, electricity, water & WiFi.
Local Transport	~ £35 - £55	Regional student bus/ metro pass or walking/ cycling.
Mobile & Connectivity	~ £10 - £15	Flexible SIM-only plan with adequate data.
Books & Study Supplies	~ £15 - £25	Digital library resources, printing, and basic stationeries.
Personal Care & Social	~ £100 - £130	Gym, personal grooming, laundry, and occasional outings.
Estimated Total	~ £900 - £1,115	